



Post Ranch Inn
A T B I G S U R

Good Morning!

you can pre-order your breakfast days in advance or the day before up until 6 pm. Our menu has a rotating selection of the following items that we will deliver to you each morning.

Cold Pressed Orange Juice

Cold Pressed Green Juice

Selection of Daily Pastries

Sliced Fruit & Berries

Overnight Oats *toasted walnuts. cocoa nibs.*

Smoked Salmon Bagel Sandwich *cream cheese. red onions. tomato.*

Breakfast Burrito *glauum ranch eggs. smoked paprika potato. bell pepper. spinach. cheddar cheese. salsa roja. crema.*

Chia Seed Pudding *house-made jam. granola.*

Quinoa Bowl *sweet potato. hard-boiled eggs. lacinto kale. salsa verde.*

California Quiche *goat cheese. artichokes. peppers.*

Non-Fat Yogurt *berries. garden mint.*

Breakfast Bowl *farmer pete's potatoes. chicken apple sausage. cremini mushrooms.*

Mediterranean-Style Frittata *olives. feta cheese. cherry tomatoes. spinach.*

Mr. Espresso Coffee (by request)

TUSOL smoothies (by request)

Five Mountains Organic Tea (by request)